## Philosophy and purpose

This policy reflects the school values and philosophy in relation to the intimate nature of care routines for pupils within School.

The policy should be read in conjunction with the Child Protection Policy.

At Treales CE Primary School a high quality of care is provided for any pupils with physical and sensory needs to ensure their emotional and physical well-being. Procedures are complemented by guidance to the staff undertaking duties of care and for the protection of both the staff and the pupils themselves.

## Definition

Intimate physical care is seen as the physical assistance and supervision necessary to help a student fulfil their functions in terms of personal and social needs and accessing the curriculum.

Situations may include:

- Assisting pupils using the toilet or with toileting needs
- Dressing and undressing certain pupils in the context of PE/games, sickness, accidents, the development of self help skills and during residential visits.

## **Content and Delivery**

- Moving and handling plans must be adhered to at all times.
- Physical handling will vary according to the pupils' individual educational, physical and therapy needs
- Daily care routines are part of the pupils' education. These should promote the development of self help skills and independence
- Pupils should be handled with care, confidence, respect and reassurance
- Intimate handling should always be undertaken with the utmost regard for the pupils' dignity, the right for privacy and with respect for confidentiality
- During care routines pupils should be talked to about what is happening to enable them to anticipate, understand and participate in care procedures
- Ensure that where intimate care procedures are carried out, staffing levels are adequate, overseen by familiar staff when possible and procedures are followed.
- Staff should seek advice if they are unsure about care routines.
- Pupils' individual Care Plans should be readily available and familiar to all the relevant staff.
- Staff should be aware of placing themselves in vulnerable situations. They should seek support if necessary

## Treales Church of England Primary School Intimate Care Policy

 If during daily care routines unexplained marks or bruises are noticed these should be reported in accordance with the Safeguarding and Child Protection Policy.

Policy Date: Summer 2019 Approved by Governors: July 2019

Review Date: Summer 2022